



SKYLINE LADY HAWKS BASKETBALL

“NEW” TRAVEL PROGRAM

“Our goal is to develop quality basketball players.”

This program wants to get as many girls involved as possible. We do not want to leave out any potential players. Girls mature at different times and ages and a big strong post of today might be the point guard of tomorrow and vice versa. Therefore two balanced teams will be selected (girls entering 5th-8th grades; entering 9th-12th grades), based on talent and the number of players.

We are trying to enter two separate leagues where the competition varies slightly (AAU Division I and Junior Nationals). The selection process will allow our teams to be competitive. Our program is not about winning at all cost, but will allow us to fulfill our goal and gain players maximum exposure for their interest at playing at the next level.

PROGRAM OVERVIEW

- Travel teams are very competitive. (Players want that \$250,00+ salary for 4 years)
- There will be two balanced teams: (rising 5th-8th and rising 9th-12th)
- Teams will be selected and developed by the varsity head coach Andrew Lacey and independent evaluators.
- All players must make all try-outs.
- Players that cannot make try-outs must speak with the program director (Coach Lacey) and provide legitimate reasons.
- There will be approximately 10 players on each team.
- Coaches will be selected by the program director after teams have been made up by the varsity coach and his evaluators.
- All coaches will be guided by the varsity coach on the varsity offensive and defensive philosophies.
- All teams will have a head coach and an assistant coach.
- Each team will have scheduled practices per week.
- Practices start after try-outs.


- We will start the year with a tournament held on Friday and Saturday around the last weekend in May 2009.
- Games will go from mid-March until July.
- Practices are where the players get better and learn how to play the team game and are very important.
- An individual workout session outside of the team is strongly encouraged. If players want to get better there is not enough time in practice so we **HIGHLY RECOMMEND ALL PLAYERS TO PARTICIPATE IN OUR CAMPS, CLINIC, AND INDIVIDUAL WORKOUT SESSIONS.**
- Earning playing time thru hard work and practice is strongly encouraged, players must earn their minutes.
- While some game playing time for all players is encouraged, we hope that because it is not guaranteed, the players will come to practice/ workout sessions and work harder to improve and convince the coach and college coaches they desire the right to play.

TRAVEL TEAM PHILOSOPHY

A.T.T.I.T.U.D.E

- A-** Always making today your best day.
- T-** Taking pride in a job well done.
- T-** Treating others with RESPECT.
- I-** Isolating your negative thoughts.
- T-** Treating every challenge as an opportunity.
- U-** Utilizing your talents daily.
- D-** Doing the job right the first time.
- E-** Expecting positive outcomes daily.

“Prepare with dedication- Practice with intensity and Play with PASSION”



Parent/Player interest will be on March 7th at 10:00am at Skyline High School.

Program Director/Varsity Head Coach

Andrew Lacey

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