

July 2008

July 2008						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Start advertising for softball Tournament and selling golf balls.	15	16	17	18	19
20	21 Guard Camp 9- 4pm Team Camp Prep	22 Guard Camp 9- 4pm Team Camp Prep	23 Guard Camp 9- 4pm Team Camp Prep	24 Guard Camp 9- 4pm Team Camp Prep	25 EMU Team Camp	26 EMU Team Camp
27 EMU Team Camp	28 Coaches Meeting 8:30- 10:30am	29	30	31		

August 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 VB-@ Kettle Run	22	23 VB-@ William Monroe
24	25 First Day of School	26 VB-Millbrook	27	28 MS vs. Daniel Morgan 5pm (Home)	29	30 FB- RMA @ 7:30pm (Home)
31	<p>You have to hate losing more than you love to win. Losers make excuses, Winners get it done. Which are you?</p>					

September 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day	2 VB- Warren County Skill Development 4pm-5pm (SHS)	3 VB- @Sherando Skill Development 4pm-5pm (SHS) MS-@Peter Muhlenberg 5pm	4 Weights/Run 3:40-5	5 FB- WC @ 7:30pm (Home)	6
7 Open Gym 4-6pm	8 Weights/Run 3:40-5 MS-Johnson Williams 5pm (HOME)	9 VB-JW Skill Development 4pm-5pm (SHS)	10 Weights/Run 3:40-5 MS-@ Daniel Morgan 5pm	11 VB-Handley Skill Development 4pm-5pm (SHS)	12	13
14 Fall League Game @ Spotswood HS	15 Weights/Run 3:40-5 MS- Frederick County 5pm (Home)	16 VB-Brentsville Skill Development 4pm-5pm (SHS)	17 Weights/Run 3:40-5 MS-Byrd 5pm (Home)	18 VB @ Central Skill Development 4pm-5pm (SHS)	19 FB-Central @ 7:30pm (Home) Golf Ball Drop at the end of game.	20
21 Open Gym 4-6pm	22 Weights/Run 3:40-5 MS- @James Wood MS 5pm	23 VB- Kettle Run Skill Development 4pm-5pm (SHS)	24 Weights/Run 3:40-5 MS-Peter Muhlenberg 5pm (Home)	25 VB-@ Millbrook Skill Development 4pm-5pm (SHS)	26	27
28 Fall League Game @ Spotswood HS	29 Weights/Run 3:40-5 MS- Aylor 5pm	30 Skill Development 4pm-5pm (SHS)	<p style="text-align: center;">What are you doing to make this basketball program better?</p> <p style="text-align: center;">Losers make excuses, Winners get it done. Which are you?</p>			

October 2008

October 2008						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Losers make excuses, Winners get it done. Which are you?			1 Weights/Run 3:40-5 MS-@ Byrd 5pm	2 VB-@ WC Skill Development 4pm-5pm (SHS)	3 FB- Handley @ 7:30 (Homecoming)	4
5	6 Weights/Run 3:40-5 MS-@Frederick County 5pm	7 VB-Sherando Skill Development 4pm-5pm (SHS)	8 Weights/Run 3:40-5 MS-@Johnson Williams 5pm	9 VB-JW Skill Development 4pm-5pm (SHS)	10 FB- Sherando @7:30pm (Home)	11
12 Fall League Game @ Spotswood HS	13 VB-@ Handley Weights/Run 3:40-5	14 Skill Development 4pm-5pm (SHS) MS-@ Aylor 5pm	15 Weights/Run 3:40-5	16 VB-@ Brentsville Skill Development 4pm-5pm (SHS) MS-James Wood 5pm (Home)	17	18 Hawk Elite 3-on- 3 Tournament @ Skyline
19 College Day Showcase 1-5pm @ Skyline H.S	20 VB-Central Weights/Run 3:40-5 MS ¼ FNLS	21 Skill Development 4pm-5pm (SHS) MS-8 th Semis	22 Weights/Run 3:40-5 MS- 7 th Semis	23 VB-QTR FNLS Skill Development 4pm-5pm (SHS) NVJL FNLS	24 FB-JW @ 7:30pm (SR Night)	25
26 Fall League Game @ Spotswood HS	27 Weights/Run 3:40-5	28 Skill Development 4pm-5pm (SHS)	29 Basketball Parent/Player Informational Meeting @ 6:00pm Weights/Run 3:40-5	30 Skill Development 4pm-5pm (SHS)	31 FB-WC @ 7:30 @ WC	

November 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Losers make excuses, Winners get it done. Which are you?						1
2	3	4	5	6	7	8
Fall League Game @ Spotswood HS	Hawk Elite Performance Camp 4pm- 7pm	Hawk Elite Performance Camp 4pm- 7pm	Hawk Elite Performance Camp 4pm- 7pm	Max Out Championships 3:40-7pm		
9	10	11	12	13	14	15
	First day of Basketball Season FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	Midnight Madness @ SHS 7:30-11pm	Practice 9-Noon
16	17	18	19	20	21	22
	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30		Potomac Falls (SCR) 11/11/12:30 @ Home
23	24	25	26	27	28	29
	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- 3:40-5:30 V- 5:30-8:30	FR/JV- TBA V- 9-Noon	OFF for Thanksgiving	FR/JV- TBA V- 9-Noon	
30						

December 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 FR/JV- 3:40-5:30 V- 5:30-8:30	2 FR/JV- 3:40-5:30 V- 5:30-8:30 Main Gym	3 Manassas Park 6/7:30pm (Home)	4 FR/JV- 3:40-5:30 V- 5:30-8:30	5 FR/JV- 3:40-5:30 V- 5:30-8:30	6 Manassas Park TBD (Away)
7	8 FR/JV- 3:40-5:30 V- 5:30-8:30 Main Gym	9 Clarke County 6/6/7:30 (Home)	10 FR/JV- 3:40-5:30 V- 5:30-8:30	11 FR/JV- 3:40-5:30 V- 5:30-8:30 Main Gym	12 Kettle Run 6/6/7:30pm (Home)	13 1 st and 2 nd Grade Basketball Clinic V- 10-12 Practice
14	15 Millbrook 6/6/7:30pm (Away)	16 FR/JV- 3:40-5:30 V- 5:30-8:30	17 FR/JV- 3:40-5:30 V- 5:30-8:30 OR Game at 7 vs Australia	18 FR/JV- 3:40-5:30 V- 5:30-8:30	19 Warren County (Away) TBA	20 V- 9-11 FR/JV- 11-1
21	22 Sherando 6/6/7:30pm (Home)	23	24 Christmas Eve No Practice	25 Christmas Day No Practice	26 Practice 9-12	27 Practice 9-12
28	29 Holiday Classic 6pm- CV-Chan 8pm- Eastern View	30 Holiday Classic 6pm- CV vs. EV 8pm- Chancellor	31 Practice 9-11	Losers make excuses, Winners get it done. Which are you?		